



FOR IMMEDIATE RELEASE

August 11, 2014

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Cruising, Clamming and Chowder with the N.C. Coastal Federation

WRIGHTSVILLE BEACH -- The N.C. Coastal Federation's Local Bites: Coastal Culinary Adventures on Saturday, August 23, will include a day of boat cruising, clamming, beach combing and feasting.

Attendees will enjoy a boat ride and hear stories about the delightful shorebirds and stunning coastal environment, including information about the federation's restoration and preservation efforts along the southern N.C. coast.

"We look for creative ways to help people experience first-hand the amazing environment that we share in the Cape Fear region," says Tracy Skrabal, the manager of the federation's office in Wrightsville Beach. "At the same time, we help them to understand that stewardship of our coast is everyone's business, and each person can help us to protect these gifts for the next generation."

The tour stops along the waterway where people will be able to dig for clams. The group will then head off to uninhabited Masonboro Island, where they will learn about past and current efforts to preserve and maintain the island and how to make true Carolina-style clam chowder. After eating, people can join federation staff for some beach games, take a leisurely stroll, collect seashells or just sit and enjoy paradise.

Fees for the culinary trip are \$75 for people 12 and older and \$55 for youngsters.

You must be at least five-years-old to attend. All proceeds benefit the federation's educational programming.

Registration is required. You can register online on the federation's Events Calendar at www.nccoast.org or in person at the federation's Fred and Alice Stanback Coastal Education Center, 309 W. Salisbury St., in Wrightsville Beach.

The trip will start at 10 a.m. from the center and will end there at 4 p.m.

Bring hats, bathing suits, clothes that can get wet and muddy, old tennis or water shoes, towels and extra clothes. A small beach chair could be helpful.

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About the North Carolina Coastal Federation:

"Working Together for a Healthy Coast"

The N.C. Coastal Federation is the state's only non-profit organization focused exclusively on protecting and restoring the coast of North Carolina through education, advocacy and habitat restoration and preservation. The federation's headquarters are at 3609 N.C. 24 in Ocean between Morehead City and Swansboro and the office is open Monday through Friday from 8:30 a.m. to 5 p.m. The federation also operates field offices in Wrightsville Beach and Manteo. For more information call 252.393.8185 or check our website at www.nccoast.org.

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